

## SFC Senior Center Menu for July 2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<b>1. Chicken Salad Sandwich</b> Tomato, Lettuce, & Pickles Macaroni Salad Carrot Sticks Fresh Fruit	<b>2. Beef Soft Taco</b> Spanish Rice Broccoli Mandarin Oranges w/Whipped Topping	3. Santa Fe Crossing & Station 618 Senior Centers will be CLOSED in observance of Independence Day. No meals will be served
<b>6. Breaded Chicken Tenders</b> Baked Potato w/Sour Cream Peas & Carrots Strawberries w/Whipped Topping	<b>7. Spaghetti w/Meatballs</b> Spinach Wheat Roll Honey Dew Melon	<b>8. Turkey Sandwich</b> Tomato, Lettuce, & Pickle Broccoli Raisin Salad Macaroni Salad Pineapple Delight	<b>9. Veal Parmesan</b> Rotini w/Tomato Sauce Green Beans Wheat Roll Peach & Pear Cup	<b>10. Roast Beef</b> Baked Potato w/Sour Cream Carrots Wheat Roll Chocolate Pudding
<b>13. Taco Salad &amp; Corn Chips</b> Seasoned Corn Watermelon Peach Cobbler	<b>14. Swedish Meatballs</b> Parsley Noodles Mixed Vegetables Wheat Roll Angel Food Cake w/Strawberries	<b>15. Turkey Tetrizzini</b> Carrots & Zucchini Tossed Salad w/Dressing Wheat Roll Fruit Parfait	<b>16. Cheeseburger</b> Potato Wedges Tomato Wedge Salad Melon Medley	<b>17. BBQ Beef Brisket</b> Ranch Style Beans Carrots Cornbread Strawberries
<b>20. Glazed Meatloaf</b> Red Bliss Potatoes Mixed Vegetables Breadstick Country Apple Crisp	<b>21. Oven Fried Chicken</b> Bow Tie Pasta Broccoli Raisin Salad Fruit Cocktail	<b>22. Crumb Topped Fish</b> Garlic Roasted Potatoes Peas Wheat Roll Chocolate Pudding	<b>23. Chicken Teriyaki</b> Fried Rice Seasoned Vegetables Blend Strawberries & Bananas	<b>24. Beef Paprikash</b> Mashed Potatoes Broccoli Cantaloupe Honey Brand Bars
<b>27. Baked Ham w/Pineapple</b> Lima Beans Chuckwagon Corn Wheat Bread Chocolate Chip Cookie	<b>28. Roast Turkey</b> Savory Bread Dressing Candied Sweet Potatoes Wheat Roll Pineapple Tidbits	<b>29. Beef Goulash</b> Navy Beans Broccoli Wheat Bread Oatmeal Raisin Cookie	<b>30. BBQ Chicken</b> Mashed Potatoes Carrot Raisin Salad Cornbread Baked Apples	<b>31. King Ranch Chicken</b> Spanish Rice Pinto Beans Tortilla Brownie