

SFC Senior Center Menu for June 2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1. Breaded Chicken Tenders Baked Potato w/Sour Cream Peas & Carrots Strawberries w/Whipped Topping	2. Spaghetti w/Meatballs Spinach Wheat Roll Honey Dew Melon	3. Turkey Sandwich Tomato, Lettuce, & Pickle Broccoli Raisin Salad Macaroni Salad Pineapple Delight	4. Veal Parmesan Rotini w/Tomato Sauce Green Beans Wheat Roll Peach & Pear Cup	5. Roast Beef Baked Potato w/Sour Cream Carrots Wheat Roll Chocolate Pudding
8. Taco Salad & Corn Chips Seasoned Corn Watermelon Peach Cobbler	9. Swedish Meatballs Parsley Noodles Mixed Vegetables Wheat Roll Angel Food Cake w/Strawberries	10. Turkey Tetrazzini Carrots & Zucchini Tossed Salad w/Dressing Wheat Roll Fruit Parfait	11. Cheeseburger Potato Wedges Tomato Wedge Salad Melon Medley	12. BBQ Beef Brisket Ranch Style Beans Carrots Cornbread Strawberries
15. Glazed Meatloaf Red Bliss Potatoes Mixed Vegetables Breadstick Country Apple Crisp	16. Oven Fried Chicken Bow Tie Pasta Broccoli Raisin Salad Fruit Cocktail	17. Crumb Topped Fish Garlic Roasted Potatoes Peas Wheat Roll Chocolate Pudding	18. Chicken Teriyaki Fried Rice Seasoned Vegetables Blend Strawberries & Bananas	19. Beef Paprikash Mashed Potatoes Broccoli Cantaloupe Honey Brand Bars
22. Polish Sausage Steamed Cabbage German Potato Salad Wheat Bread Black Forest Parfait	23. King Ranch Casserole Pinto Beans Tortilla Sugar Cookie	24. Smothered Steak Mashed Potatoes Mixed Greens Wheat Roll Peach Shortcake	25. BBQ Chicken Smothered Potatoes Carrot Salad Wheat Roll Sliced Apples	26. Pollock Wedge w/Lemon Lima Beans Coleslaw w/Raisins Cornbread Oatmeal Cookie
29. Roast Pork Sweet Potatoes Succotash Wheat Roll Banana Pudding	30. Homestyle Lasagna Brussel Sprouts Garlic Bread Pears			